

What's on in Sefton

Summer Term 2026



ADDvanced Solutions
Community Network
Supporting you to find the answers

ADDvanced Solutions Community Network

supports the emotional health and wellbeing of neurodivergent children and young people, their families and the professionals that work with them. **No diagnosis or referral is needed to access the offer.**

SEFTON Community Network Group

Wednesday afternoon during term time



Join us from **12:30pm - 2:30pm**

Venue: May Logan Healthy Living Centre, 294 Knowsley Rd, Bootle L20 5DQ

No booking needed, just come along

Come along and meet our team, to learn more about neurodiversity from those who can share lived experiences and practical strategies. Our groups create a welcoming, accepting and relaxed environment for parents and carers, you are not on your own.

[Get directions](#)



The centre is located on Knowsley Road, opposite Bootle Ambulance Station. It is a 10 minute walk from Bootle New Strand bus and train stations.

Topics this term:

Wednesday 15 th April	Tantrums V meltdowns what is the difference?
Wednesday 22 nd April	Developmental Delay Supporting Areas of Need
Wednesday 29 th April	Developing Theory of Mind in Neurodivergent Children
Wednesday 6 th May	Supporting Transition and managing changes
Wednesday 13 th May	Autism with a Demand Avoidant Profile (PDA)
Wednesday 20 th May	Open session seek advice around any problems

Half Term Break

Wednesday 3 rd June	An Introduction to Autism (ASD)
Wednesday 10 th June	Barriers to School Attendance and strategies to support
Wednesday 17 th June	Understanding and Supporting Executive Functioning
Wednesday 24 th June	Choosing a School making an informed choice
Wednesday 1 st July	Preparing for the Summer Holidays
Wednesday 8 th July	Open session seek advice around any problems

If you can't make it face-to-face, join us online...

Online opportunities to learn more about neurodiversity from the comfort of your own home! With your camera and microphone off for your privacy, you can interact using the chat/Q&A feature to ask any questions you may have. Come along, learn more and get some strategies.

Monday Online Community Network Group

Mondays during term time



9:30am - 11:00am
Online via Zoom

[Click here to register](#)

Wednesday Online Community Network Group

Wednesdays during term time



5:00pm - 6:30pm
Online via Zoom

[Click here to register](#)

Monday 13 th April	Open Session seek advice around any problems
Monday 20 th April	Supporting Organisational Skills and Planning
Monday 27 th April	Using Music to Support Neurodiversity
Monday 4 th May	No Session due to BANK HOLIDAY
Monday 11 th May	Preparing Neurodivergent Young People for the Future
Monday 18 th May	Developing Theory of Mind in Neurodivergent Children

Wednesday 15 th April	Developmental Delay Supporting Areas of Need
Wednesday 22 nd April	Tantrums V meltdowns what is the difference?
Wednesday 29 th April	Using Music to Support Neurodiversity
Wednesday 6 th May	Preparing Neurodivergent Young People for the Future
Wednesday 13 th May	Supporting Transition and managing changes
Wednesday 20 th May	Specific Learning Difficulties including dyslexia, dyspraxia, dyscalculia

Half Term Break

Monday 1 st June	Supporting Transition and managing changes
Monday 8 th June	Supporting Neurodivergent Children to Access Learning
Monday 15 th June	Autism with a Demand Avoidant Profile (PDA)
Monday 22 nd June	Choosing a School making an informed choice
Monday 29 th June	Preparing for the Summer Holidays
Monday 6 th July	Encouraging Independence and Building Confidence

Half Term Break

Wednesday 3 rd June	Supporting Neurodivergent Children to Access Learning
Wednesday 10 th June	Open Session seek advice around any problems
Wednesday 17 th June	Using Social Stories to support understanding
Wednesday 24 th June	Neurodiversity and Mental Health
Wednesday 1 st July	Preparing for the Summer Holidays
Wednesday 8 th July	ADHD, Autism and Masking

If you are using a phone, you will need to download the Zoom app beforehand. Please be mindful of your data usage. If you do not have an unlimited data plan, you may need to connect to a Wi-Fi connection to prevent charges.

Learning Programmes

Neurodevelopmental Conditions Learning Programme

This programme equips parents and carers with a greater understanding of neurodevelopmental conditions, specific learning difficulties and associated mental health needs and provides practical strategies that support the difficulties that may present:

- **Neurodevelopmental Conditions - including Autism, ADHD, Sensory Processing Difficulties, Specific Learning Difficulties.**
- **Managing everyday challenges and behaviours - including sleep, toileting and eating difficulties.**
- **Your Local Offer, disability welfare rights and SEND, Early Help and Education Health Care Plans.**

No referral or diagnosis is needed.



Face-to-Face Programme - Summer 1

Across 3 Tuesdays - you attend all 3.

From **9:30am - 2:45pm**

Venue: Litherland Family Hub,

Boundary Road, Litherland, Sefton L21 7LA



[Click here for directions](#)

[Contact us to register](#)

Session 1 & 2

Tuesday 5th May

Session 3 & 4

Tuesday 12th May

Session 5 & 6

Tuesday 19th May

Or join us online...



Online Programme - Summer 1 (via Zoom)

Tuesday Evenings from **6:30pm - 8:30pm**

[Click here to register](#)

Session 1

Tuesday
14th April

Session 2

Tuesday
21st April

Session 3

Tuesday
28th April

Session 4

Tuesday
5th May

Session 5

Tuesday
12th May

Session 6

Tuesday
19th May



Online Programme - Summer 2 (via Zoom)

Thursday Evenings from **6:30pm - 8:30pm**

[Click here to register](#)

Session 1

Thursday
4th June

Session 2

Thursday
11th June

Session 3

Thursday
18th June

Session 4

Thursday
25th June

Session 5

Thursday
2nd July

Session 6

Thursday
9th July

Autism Learning Programme - Face-to-Face

The Autism Learning Programme has been designed to support and empower parents and carers in their understanding of how autism is experienced by children and young people, providing learning, guidance and practical support strategies. The programme is designed for parents and carers whose child or young person has an autism diagnosis. Subject to availability, places may be available to those whose child is under assessment for autism. Face to face programmes are delivered in various locations across Liverpool and Sefton. This offer is in partnership with Alder Hey NHS Trust Neurodevelopmental Pathway.

Each programme is tailored to address the specific challenges facing either **preschool and primary** age children or **tween and teenage** young people.

[Contact us to register](#)



Autism Learning Programme *Preschool and Primary (3-10 Years)*

[Contact us to register](#)

Focusing on the specific presentations and needs of autistic children during childhood up to the end of primary school.

Across 3 Mondays - you should attend all sessions

From **9:30am - 2:45pm**

Venue: CE3 Centre (near Morrisons), Conleach Road, Speke, L24 0TY



[Click here for directions](#)

Session 1 & 2

Monday 13th April

Session 3 & 4

Monday 20th April

Session 5 & 6

Monday 27th April



Autism Learning Programme *Tweens and Teens (11-18 Years)*

[Contact us to register](#)

Focusing on the specific presentations and needs of autistic young people as they navigate high school, puberty and increased social expectations.

Across 3 Tuesdays - you should attend all sessions

From **9:30am - 2:45pm**

Venue: Family Life Centre, Ash Street, Southport, PR8 6JH



[Click here for directions](#)

Session 1 & 2

Tuesday 23rd June

Session 3 & 4

Tuesday 30th June

Session 5 & 6

Tuesday 7th July

Autism Learning Programme - Online

We also offer the Autism Learning Programme online, exploring how autism is experienced by children and young people. This offer is in partnership with Alder Hey NHS Trust, commissioned by NHS Cheshire & Merseyside.

This term, our online Autism Learning Programme focuses on **Tweens and Teens**



Autism Learning Programme

Tweens and Teens - online via zoom

Thursday Evenings from **6:00pm - 8:30pm**

[Click here to register](#)

Session 1	Session 2	Session 3	Session 4	Session 5	Session 6
Thursday 16 th April	Thursday 23 rd April	Thursday 30 th April	Thursday 7 th May	Thursday 14 th May	Thursday 21 st May

Additional Online Workshops

Short, online webinars to help you better understand a topic related to neurodevelopmental conditions. Interact via the chat and Q&A with any questions.



An Introduction to Autism (ASD)

Autism presentations in children and young people, and strategies to support at home and in school.

Tuesday 21st April
9.30am - 12.00pm

[Click here to register](#)



Introduction to the SEND Process and EHCPs

Understanding the processes to access appropriate support for children and young people with SEND in their educational setting.

Tuesday 12th May
9.30am - 12.00pm

[Click here to register](#)

Sensory Processing Difficulties

Exploring the common challenges experienced by children and young people who have difficulty processing sensory information.

Tuesday 23rd June
9.30am - 12.00pm

[Click here to register](#)



Supporting Executive Functioning Difficulties

Providing strategies to support organisation, sequencing and time management for neurodivergent children and young people.

Friday 3rd July
9.30am - 12.00pm

[Click here to register](#)



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Professionals Neurodevelopmental Conditions Awareness Raising Training

Designed to improve understanding of neurodevelopmental conditions (NDCs), how they may present and how one condition may overlap with another. Professionals attending this training will develop knowledge, skills and confidence to better support neurodivergent children, young people and their families:

- **Better Understand and recognise ADHD, Autism, and other NDCs**
- **Appreciate the impact that unsupported NDCs on an individual and their family**
- **Understand how sensory processing difficulties impact children and young people**
- **Identify local support available for professionals, children, young people and families**



Next Available Training - ND Awareness

Wednesday 1st July

From **9:15am - 4:00pm**

Contact us to register



Venue: To be confirmed following registration

ADDvanced Solutions Community Network is commissioned to deliver a limited number of Neurodevelopmental Conditions Professional Awareness Raising Training. If you are interested in this full day's training for your team, please call the office on 0151 486 1788 or email info@advancedsolutions.co.uk



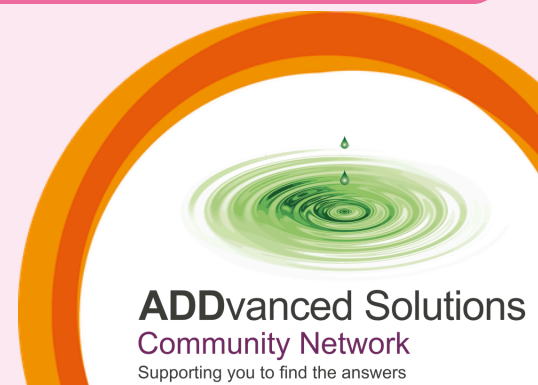
Seeking Crisis Support?

ADDvanced Solutions Community Network is not a crisis service. If you, a child or young person is experiencing acute distress and is deemed to be a risk to themselves or others, please visit your local crisis service.

The details we request when you register are kept securely and used in line with our privacy policy: <https://www.advancedsolutions.co.uk/wp-content/uploads/2025/04/Privacy-Policy.pdf>

Need further information advice or guidance around neurodiversity or our offer in your area?

Please call the office on 0151 486 1788, email info@advancedsolutions.co.uk or visit our website www.advancedsolutions.co.uk



ADDvanced Solutions
Community Network
Supporting you to find the answers

Get in touch with us

