

Fresh Start Fridays

Family Peer Support

A monthly peer support group for parents, grandparents and family members in Southport to feel a sense of community and improve their wellbeing.

A professional will be available to chat to and ask questions about any worries and anxieties you may have.

Second Friday of the month

Start Date: Friday 9 January 2026

Time: 12.30–2pm

Venue: Linaker Family Hub, Linaker Street, PR8 5DQ

A part of the Southport Together Community Support Service, supporting the wider community affected by the tragic events in Southport in 2024.

**For more information, contact us;
Southport Together Community Support Service**

T: 07955 282 945

E: communityoutreach@seftoncvss.org.uk



Sefton CVS
Supporting Local Communities

Sefton Council

