

# Tea & Talk

## Family Peer Support

**A monthly peer support group for parents, grandparents and family members in Southport to feel a sense of community and improve their wellbeing.**

Facilitated by registered counsellor Penny Roscoe-Jones from FLOAT therapies. Penny will be available to chat to and guide you through any worries and anxieties you may have.

**Second Monday of the month**

**Start Date: Monday 12 January 2026**

**Time: 5:30pm – 7pm**

**Venue: Family Life Centre, Ash St, Southport, PR8 6JH**

**A part of the Southport Together Community Support Service, supporting the wider community affected by the tragic events in Southport in 2024.**

**For more information, contact us;  
Southport Together Community Support Service**

**T: 07955 282 945**

**E: [communityoutreach@seftoncvss.org.uk](mailto:communityoutreach@seftoncvss.org.uk)**



**Sefton CVS**  
Supporting Local Communities

**Sefton Council**

